



2007 BCPA Winter Open - Bench Press  
January 28, Vancouver

Record Attempts/Lifts in Red

M/F	FLT	LOT	PL	NAME	Pr.	Real Cat	Age Cat	B/W	CLASS	SQ1	SQ2	SQ3	SQUAT	BP1	BP2	BP3	BENCH	SUB-T	DL1	DL2	DL3	DEAD	TOTAL	Wilks Pts	Pts
M	1	9	1	Terry Courville			SJ	52.0	52					42.5	50.0	55.0	55.0	55.0					55.0	53.9703	12
M	1	3	2	Damanjit Kochar			SJ	49.1	52					35.0	40.0	<del>42.5</del>	40.0	40.0					40.0	41.7941	9
M	1	5	1	Parvej Dhillon			SJ	64.1	67.5					30.0	<del>40.0</del>	<del>47.5</del>	30.0	30.0					30.0	24.1381	12
M	1	2	1	Simardeep Virk			SJ	68.3	75					85.0	pass	pass	85.0	85.0					85.0	64.9634	12
M	1	7	2	Interpreet Arora			SJ	74.6	75					40.0	45.0	50.0	50.0	50.0					50.0	35.7782	9
M	1	6	1	Vince Courville			M1	88.7	90					187.5	<del>195.0</del>	pass	187.5	187.5					187.5	120.6010	12
M	1	1	1	Manbir Binning			SJ	84.4	90					40.0	50.0	<del>60.0</del>	50.0	50.0					50.0	33.0618	12
M	1	4	1	Prabraj Hunjan			SJ	141.5	125+					55.0	65.0	<del>70.0</del>	65.0	65.0					65.0	36.2651	12

2007 BCPA Winter Open - Powerlifting  
January 28, Vancouver

Record Attempts/Lifts in Red

M/F	FLT	LOT	PL	NAME	Pr.	Real Cat	Age Cat	B/W	CLASS	SQ1	SQ2	SQ3	SQUAT	BP1	BP2	BP3	BENCH	SUB-T	DL1	DL2	DL3	DL	TOTAL	Wilks Pts	Pts
F	1	1	1	Jackie Sandhu			M2	52.0	52	127.5	135.0	141.0	141.0	67.5	<del>72.5</del>	<del>72.5</del>	67.5	208.5	150.0	155.0	pass	155.0	363.5	453.1525	12
M	1	3	1	Damanjit Kochar			SJ	49.2	52	85.0	95.0	105.0	105.0	35.0	40.0	pass	40.0	145.0	100.0	110.0	120.0	120.0	265.0	275.9567	12
M	1	6	2	Terry Courville			SJ	52.0	52	85.0	97.5	<del>110.0</del>	97.5	47.5	52.5	<del>57.5</del>	52.5	150.0	102.5	112.5	<del>120.0</del>	112.5	262.5	257.5856	9
M	1	9	1	Parvej Dhillon			SJ	63.5	67.5	50.0	60.0	70.0	70.0	30.0	40.0	45.0	45.0	115.0	85.0	95.0	100.0	100.0	215.0	174.3856	12
M	1	4	1	Simardeep Virk			SJ	68.8	75	170.0	190.0	<del>205.0</del>	190.0	85.0	95.0	<del>100.0</del>	95.0	285.0	170.0	185.0	190.0	190.0	475.0	360.9543	12
M	1	10	2	Graham Aarsen			SJ	74.8	75	120.0	<del>127.5</del>	127.5	127.5	122.5	<del>131.0</del>	<del>131.0</del>	122.5	250.0	165.0	<del>185.0</del>	<del>185.0</del>	165.0	415.0	296.4022	9
M	1	2	3	Interpret Arora			SJ	74.9	75	100.0	<del>110.0</del>	<del>120.0</del>	100.0	40.0	50.0	<del>60.0</del>	50.0	150.0	95.0	120.0	130.0	130.0	280.0	199.7025	8
M	1	7	4	Herman Paul			SJ	69.7	75	<del>50.0</del>	50.0	60.0	60.0	35.0	<del>50.0</del>	<del>50.0</del>	35.0	95.0	75.0	85.0	<del>100.0</del>	85.0	180.0	135.4094	7
M	2	7	1	Jim Brault			M1	81.3	82.5	157.5	170.0	177.5	177.5	112.5	120.0	<del>127.5</del>	120.0	297.5	165.0	182.5	192.5	192.5	490.0	331.1838	12
M	2	2	1	Mark Vezina			M1	85.6	90	182.5	<del>205.0</del>	205.0	205.0	132.5	137.5	<del>142.5</del>	137.5	342.5	192.5	210.0	<del>227.5</del>	210.0	552.5	362.2918	12
M	2	8	2	Gary Geerts			M1	88.1	90	<del>160.0</del>	160.0	170.0	170.0	110.0	<del>117.5</del>	117.5	117.5	287.5	177.5	190.0	205.0	205.0	492.5	318.0101	9
M	2	3	3	Chris Joustra			O	89.1	90	152.5	165.0	<del>175.0</del>	165.0	<del>102.5</del>	<del>102.5</del>	102.5	102.5	267.5	160.0	182.5	195.0	195.0	462.5	296.8721	8
M	1	8	1	Manbir Binning			SJ	83.7	90	40.0	50.0	<del>55.0</del>	50.0	40.0	50.0	<del>52.5</del>	50.0	100.0	50.0	pass	pass	50.0	150.0	99.6662	12
M	2	6	1	Preetpal Atwal			O	109.8	110	275.0	301.0	pass	301.0	160.0	170.0	175.0	175.0	476.0	<del>280.0</del>	280.0	295.0	295.0	771.0	453.9821	12
M	2	1	2	Don Froese			M1	103.7	110	190.0	202.5	210.0	210.0	<del>177.5</del>	<del>177.5</del>	177.5	177.5	387.5	220.0	232.5	245.0	245.0	632.5	379.7037	9
M	2	4	3	Paul Wells			M1	107.6	110	180.0	<del>190.0</del>	<del>190.0</del>	180.0	125.0	132.5	<del>140.0</del>	132.5	312.5	<del>190.0</del>	190.0	210.0	210.0	522.5	309.6438	8
M	2	5	1	Anton Dirkin			M1	121.1	125	227.5	240.0	245.0	245.0	150.0	160.0	<del>167.5</del>	160.0	405.0	240.0	253.5	<del>260.0</del>	253.5	658.5	377.7964	12
M	1	5	1	Prabraj Hunjan			SJ	141.2	125+	100.0	110.0	120.0	120.0	57.5	65.0	<del>67.5</del>	65.0	185.0	125.0	<del>140.0</del>	<del>140.0</del>	125.0	310.0	173.0106	12